



## Girl Scouts of Maine Volunteer-in-Training Award Requirements

The Volunteer-in-Training (VIT) award is for Girl Scout Seniors and Ambassadors who would like to mentor a Daisy, Brownie, Junior or Cadette group outside of their camp or troop experience. If a girl has completed ninth grade, she is eligible to earn this award. A Volunteer-in-Training project needs to span a three-to-six month period. To earn the Volunteer-in-Training Award, a girl:

- 1. Finds an adult volunteer mentor** who is currently the volunteer leader for a group of girls at the level she'd like to work with. This volunteer will help her through her training and internship, and the girl will help the volunteer with her group of girls for a three-to-six month period.
- 2. Completes the GSME Volunteer-in-Training Intent Form.** Please email completed Intent Forms to [highestwards@gsmaine.org](mailto:highestwards@gsmaine.org)
- 3. Completes the GSME Volunteer-in-Training Course** which consists of:
  - a. Troop Volunteers, Part 1** – This is an online training. A link will be sent after she has submitted her intent form.
  - b. Troop Volunteers, Part 2** – This training is offered in-person and on line throughout the Girl Scout year. A list of training dates can be found here: <https://www.girlscoutsofmaine.org/en/discover/activities/events.html>. A Girl Scout may only take this training after she has worked with a troop for at least 3 meetings.
- 4. Creates and implements a thoughtful journey project that lasts four or more troop sessions.** The Volunteer-in-Training is responsible for designing, planning, and evaluating activities. If a girl is passionate about a topic such as art or technology, she could design the activities around this topic. As a VIT, she might also help younger girls with a Take Action Project.
- 5. Completes and submits the Volunteer-in-Training Final Report** and maintains a **log of hours.** Please email completed Final Reports and log of hours to [highestwards@gsmaine.org](mailto:highestwards@gsmaine.org).

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## VOLUNTEER-IN-TRAINING INTENT FORM

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_

Email Address: \_\_\_\_\_

Service Unit: \_\_\_\_\_ Troop: \_\_\_\_\_

Troop Leader's Name: \_\_\_\_\_

Troop Leader's Email: \_\_\_\_\_

Name of Adult Volunteer Mentor: \_\_\_\_\_

Adult Volunteer Mentor's Email Address: \_\_\_\_\_

**Adult Volunteer Mentor's Troop Level (check as many as apply):**

Daisy     Brownie     Junior     Cadette

By signing below, I verify that I understand the requirements for earning the Volunteer-in-Training Award and that the above information is accurate.

Signature of Applicant: \_\_\_\_\_

By signing below, I verify that I understand the requirements for earning the Volunteer-in-Training Award and have agreed to mentor (name of girl) \_\_\_\_\_ for 3-6 months.

Signature of Mentor: \_\_\_\_\_

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## VOLUNTEER-IN-TRAINING FINAL REPORT

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_

Email Address: \_\_\_\_\_

Service Unit: \_\_\_\_\_ Troop: \_\_\_\_\_

Troop Leader's Name: \_\_\_\_\_

Troop Leader's Email: \_\_\_\_\_

Date that Troop Volunteers, Part 1 was completed: \_\_\_\_\_

Date that Troop Volunteers, Part 2 was completed: \_\_\_\_\_

Name of Adult Volunteer Mentor: \_\_\_\_\_

Adult Volunteer Mentor's Email Address: \_\_\_\_\_

**Adult Volunteer Mentor's Troop Level (check as many as apply):**

Daisy     Brownie     Junior     Cadette

**Please provide a brief description of your VIT experience.**

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**What Journey did you assist with? Did you assist with a Take Action Project? If so, please describe the project.**

**What key insights did you gain about leadership and your leadership style through your volunteer experience?**

**How did you incorporate the Girl Scout processes (girl-led, learning by doing, and cooperative learning) into the activities you assisted with?**

**What advice would give to others that are thinking about becoming a Girl Scout volunteer?**

**By signing below, I verify that the above information is accurate and that I have completed the requirements for the Volunteer-in-Training Award.**

Signature Applicant: \_\_\_\_\_

By signing below, I verify that (name of girl) \_\_\_\_\_ has completed the requirements for the Volunteer-in-Training Award and has assisted with my troop for 3-6 months.

Signature of Mentor: \_\_\_\_\_