

Each girl working on the Great Outdoors Winter Challenge should select a wide range of activities that are age appropriate and challenge her to try new things. Remember to follow Leave No Trace Principles when exploring the outdoors.



**GIRLS SHOULD COMPLETE AT LEAST THE FOLLOWING NUMBER OF ACTIVITIES FOR THEIR LEVEL:**

Daisy – 15 | Brownie – 20 | Junior – 25 | Cadette – 30 | Senior/Ambassador - 35

Create	Explore & Discover	Travel & Community	Sports & Games
<input type="checkbox"/> Make a snow sculpture.	<input type="checkbox"/> Listen for owls.	<input type="checkbox"/> Learn about different winter celebrations around the world.	<input type="checkbox"/> Go ice skating.
<input type="checkbox"/> Create a guide to help you remember how to identify different kinds of trees without their leaves.	<input type="checkbox"/> Earn an Outdoor High Adventure badge for your level. Once completed, fill out this form for a free badge. <a href="https://form.jotform.com/93214240664149">https://form.jotform.com/93214240664149</a>	<input type="checkbox"/> Create a winter scavenger hunt to share with your family and friends.	<input type="checkbox"/> Play Pin the Nose on the Snowman (or other fun characters).
<input type="checkbox"/> Make frozen bubbles. Try different recipes to see which ones work best.	<input type="checkbox"/> Learn about avalanche corridors.	<input type="checkbox"/> Attend a Winter Carnival or Festival.	<input type="checkbox"/> Try fat tire biking.
<input type="checkbox"/> Cook over an outdoor fire.	<input type="checkbox"/> Dissect or experiment with pine cones. Learn more from the Pine Cone Pioneers activity in <a href="#">The O.M.G. (Outdoor Meeting Guide) here.</a>	<input type="checkbox"/> Find shapes and patterns in snowflakes and frost. Try using a magnifying glass to spot more details.	<input type="checkbox"/> Go ice fishing. Go for free on Maine's Fishing Weekend February 17-18, 2024.
<input type="checkbox"/> Build a winter fort or shelter.	<input type="checkbox"/> Learn how to boil/filter snow to use for drinking/cooking water.	<input type="checkbox"/> Make/decorate a greeting card for someone with items found in nature.	<input type="checkbox"/> Create a snowy obstacle course or maze.
<input type="checkbox"/> Create your own "yeti" tracks. Get inspired <a href="#">here.</a>	<input type="checkbox"/> Find and identify wildlife tracks.	<input type="checkbox"/> Visit an ice castle.	<input type="checkbox"/> Go cross-country skiing.
<input type="checkbox"/> Learn how to make <a href="#">snow candles.</a>	<input type="checkbox"/> Learn about frostbite and hypothermia risks and how to treat them.	<input type="checkbox"/> Help with a food drive or donate clothes and toys.	<input type="checkbox"/> Try skiing or snowboarding.
<input type="checkbox"/> "Paint" the snow.	<input type="checkbox"/> Learn about the differences between hibernation and torpor. What changes occur for the animals during this time? What are the 3 true hibernators here in Maine?	<input type="checkbox"/> Visit a farm and find out how the animals stay warm in the winter.	<input type="checkbox"/> Go snowshoeing.
<input type="checkbox"/> Make <a href="#">evergreen tea</a> and learn the benefits of it.	<input type="checkbox"/> Warm up outside with a hot drink.	<input type="checkbox"/> Have a picnic with a friend.	<input type="checkbox"/> Go snow tubing or sledding.
<input type="checkbox"/> Plan and perform an outdoor winter play, dance or concert. Try using only items in nature for more of a challenge.	<input type="checkbox"/> Visit a frozen lake or pond and learn about the animals that live in the water and what they do in the winter.	<input type="checkbox"/> Go stargazing. For an added challenge, learn the names of the full moons and which constellations are most vivid during the season(s).	<input type="checkbox"/> Play a summer game in the snow.
<input type="checkbox"/> Make <a href="#">ice ornaments.</a>	<input type="checkbox"/> Ride on a dog sled, watch a dog-sled race, or meet a sled dog and learn how they are used.	<input type="checkbox"/> Help with winter storm and/or spring cleanup within your community.	<input type="checkbox"/> Learn about some of Maine's female Olympian lugers and watch a luge sporting event.
<input type="checkbox"/> Design and create your own sled and test it.	<input type="checkbox"/> Learn how to dress for the winter weather. Practice using the <a href="#">Winter Layering Guide.</a>	<input type="checkbox"/> Make a midwinter tree garland or pine cone feeder for the birds.	<input type="checkbox"/> Play flashlight tag.
<input type="checkbox"/> Create a winter survival kit.	<input type="checkbox"/> Visit a beach in the winter.	<input type="checkbox"/> Take a winter hike.	<input type="checkbox"/> Try ice bowling. Learn <a href="#">more here.</a>

**Do the activities above between 12/1/23 and 3/31/24.** When all activities are completed, please complete the evaluation questions, upload a photo of the girl doing one of the activities (action photo preferred, min 1 photo), and purchase your patch (\$2) <https://form.jotform.com/GirlScoutsofMaine/Winter-OutdoorChallenge>.