Explore Girl Scouts

The Girl Scout Promise
On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

The Girl Scout Law
I will do my best to be:
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

Fun with friends. New adventures. Making a difference.

Get started at: girlscoutsofmaine.org/join

www.girlscoutsofmaine.org
888-922-4763
customercare@gsmaine.org
Why Girl Scouts?

Girl Scouts are confident—even in the face of challenges. They’re kind, even when others aren’t. They’re problem solvers who see opportunity where others get stuck. Essentially, a Girl Scout is your kid at their best.

*We’re here with your family to support:* 

**Her Dreams**
Right now, Girl Scouts are learning about robots, hiking, dancing, painting murals, feeding the hungry, and even writing laws to change the world. If she can dream it, we’ll help her do it.

**Her Growth**
Girl Scouts focus on their potential rather than perfection. They try new things, knowing they’ll be accepted by their sister Girl Scouts for exactly who they are today and who they can be tomorrow.

**Her Success**
Girl Scouts are all about collaboration, not competition. Meeting goals and celebrating wins as a team doesn’t just feel great, it teaches them to work well with others, which will take them far in life.

Best of all, when she becomes a Girl Scout, you become a Girl Scout family—creating special memories, bonding over challenges, and growing stronger together every day.

What is Girl Scouts?

Girl Scouts is the one activity where she can put on a play, go camping, explore the cosmos, and stand up for her beliefs. It’s also a way of life. Being a Girl Scout makes kids part of something bigger than themselves. It means they’re part of a movement working toward a more fair, equal, and compassionate world where everyone can make their dreams come true. Girl Scouts in your town, across the country—including Puerto Rico—and even those overseas are trying new things and testing their limits, all with the goal of making their communities and the world a better place. Because while one girl can make a difference, there’s no limit to what a unified movement of Girl Scouts across the globe can accomplish. Check out our values in the Promise and Law.

How does it work?

Girls can become Girl Scouts at any point starting in kindergarten and going through high school graduation. Membership is just $25 for adults and $40 for girls. After joining, girls can choose to participate individually with the support of their caregiver to design their own experience or join a group of girls and families called a troop and get a full year of adventures, including trips, events, and special programs led by volunteer troop leaders.

No matter how you participate, all Girl Scouts get to explore a wide range of activities including the outdoors, science, entrepreneurship, and life skills. Choosing the ones that speak to them and excite them the most, they earn badges to reflect successes and show the world what they’re made of.

Why do families love us?

You and your family can meet new people, try new things, and make new memories with Girl Scouts—even when life gets tough. While you’re exploring our world and learning skills, you’ll also discover new ways to make your family and community stronger.

Head to www.girlscoutsofmaine.org and start the adventure today!
You Can Make a Difference

Volunteer with Girl Scouts
Your talents and experience have the power to change girls’ lives. As a Girl Scout volunteer, you’ll help craft their experiences—from the way they run their cookie businesses to the way they speak up in meetings. You’ll also teach them the skills and give them the confidence they need to bring their unique ideas to life and make changes that they never thought possible.

As girls learn, grow, and lead, you’re there through it all—shaping the future right along with us. And while you teach them important life lessons and set them up for happy, successful lives, you’ll grow too—honing your own leadership and organizational skills. It’s a win-win. Let’s get started!

What if we have questions?
That’s normal! And we’ve got your back with a network of support to assist you and your girl throughout your Girl Scout experience.

Just reach out to our Customer Care team at customercare@gsmaine.org or 888-922-4763.

Ways to Participate

- Join as an individually registered Girl Scout—Design your own experience with flexibility to participate in a way that works best for you.
- Join an existing troop in your community.
- Start a new troop—we’re here to support you with all the tools and resources you need to succeed!

However you choose to participate girls can engage in:

- **Badge & Journey Activities:** girlscoutsofmaine.org/badges
- **Council Programs:** girlscoutsofmaine.org/activitieswithgsme
- **Girl Scouts at Home Resources:** girlscoutsofmaine.org/girlscoutsathome
- **Cookie and Fall Product Programs:** girlscoutsofmaine.org/cookieprogram
At the heart of Girl Scouts’ programming are adventures in our four pillars. All designed to meet her where she is now and grow along with her.

**Girl Scout Program Pillars: A Foundation for Success**

- **STEM**
  - Computer science, engineering, robotics, and more.

- **Life Skills**
  - Civic engagement, healthy living, global citizenship, and communication skills.

- **Outdoors**
  - Adventure and skill building, including camping experiences for all age levels; from the backyard to the backcountry.

- **Entrepreneurship**
  - The Girl Scout Cookie Program teaches goal setting, decision making, money management, business ethics, and people skills.

**Girl Scouts is proven to help girls thrive in five key ways as they:**

- Develop a strong sense of self.
- Display positive values.
- Seek challenges and learn from setbacks.
- Form and maintain healthy relationships.
- Exhibit community problem-solving skills.

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**Lend a Helping Hand**

Being able to take care of basic first aid needs when outdoors will ensure you can still enjoy hours of entertainment without having to go home. Be prepared by creating a mini first aid kit you can keep in your backpack or pocket.

With the help of an adult, find some common items in a first aid kit. Play a memory game to learn what these items are and how you use them.

- **✓ Scissors**
- **✓ Band Aids**
- **✓ Ace Bandage**
- **✓ Anti-Bacterial Ointment**

**What else could you add to your First Aid Bag?**

Badge Link: Brownie First Aid badge
### Make a Secret Binary Code Bracelet

Did you know that computers have a language of their own? Anytime you do something on a computer, someone needed to write a code to tell the computer what it needs to do. If you have ever played a game on a computer, someone needed to write out the directions for the computer to follow when you click different buttons. This is called binary. Use the binary chart to spell out your initials using beads and a pipe cleaner or string. Use 2 colors to represent the parts of the binary alphabet. Use one color to represent 1 and a different color for 0. You may want to use a 3rd color to indicate a space between the two letters. For example, GS (for Girl Scouts) would be: 01000111, 01010011.

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### Design Your Own Toy

**Letter Scramble**
Unscramble the following words about being an entrepreneur. Then talk to an adult about what they mean.

- sbisnues
- meivorp
- ecater
- ypoteptor

**Design Your Own Toy**
An entrepreneur is someone who comes up with new ways to solve problems and creates a business. Become your own toy business designer by creating a new toy you would like to play with and then design it. You can draw it here or make it out of recycled materials.

Badge link: 
Daisy Toy Business Designer

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Badge Link: 
Cybersecurity badges
How to Tie a Knot

There are a lot of different knots you might use when camping. Tying a square knot is like tying your shoes. Learn to tie a square knot and then have a contest with friends or family to see who can tie one the fastest.

1. Use two pieces of string or rope.
2. Hold one end of each rope in each hand. We will call each Rope A and Rope B.
3. Cross end A over end B, then push it under and behind.
4. Then cross A over B again, pushing A around and under B and up through the loop.
5. Tighten by pulling both loose ends.
6. You have a square knot!

Legends of the Stars

For as long as people have been looking at the sky, they’ve found patterns and shapes in the stars. These patterns are called constellations. People around the world have made up stories about these constellations and would use them as a map to tell directions.

Many constellations were named for animals because long ago people thought the star patterns looked like animals. Now it’s your turn! Create your own constellation with marshmallows (or pieces of apple) and toothpicks. It doesn’t have to be an animal—you can make it anything you like! Give your constellation a name. You can even create a story about your constellation.

Ursa Major (The Great Bear): According to Greek mythology, the god Zeus loved a creature named Callisto so much that he turned her into a bear and sent her up to the stars to protect her.

Orion (The Hunter): The ancient Greeks told that Orion was a great hunter, but was banished to the skies for bragging about how many animals he could kill.

What could your constellation be? List a few ideas:

Badge Link: Daisy Buddy Camper and Brownie Outdoor Adventure

Badge Link: Space Science Badges