

TIPS FOR PARENTS – HELP YOUR DAUGHTER TO BE A LEADER!

Promoting leadership is about fostering self-confidence and providing positive environments in which to acquire experience. Here are some quick tips on raising girls to be leaders.

- Provide girls with a supportive environment where they can express themselves freely and experiment with their leadership identities.
- Make sure they have supportive, inspiring, and influential role models. This includes parents, particularly mothers, who are a primary influence on the lives of their daughters.
- Provide girls with a wide range of opportunities to engage in collaborative projects and experiences with their peers.
- Discuss with girls the accomplishments and lives of extraordinary people of historical and personal significance.
- Have them take responsibility for others.
- Allow them to practice and develop specific skills, such as speaking in front of others, and giving and receiving constructive feedback.
- Give girls an opportunity to effect change in their communities.

Source: *Change It Up! What Girls Say About Redefining Leadership*