Basic Description

In this Journey, girls learn about energy. Topics covered include:

- Calculating a carbon footprint
- Recycling and reusing including art project ideas
- Uses of energy in nature
- Green building
- Energy audits
- Conserving energy in transportation; includes a comic book story of girls starting a walking school bus
- Various stories in the Journey of women involved in energy conservation

What do they earn and how do they earn them?

Energize Award

- Make an energy pledge to reduce their energy use in one or more ways
- Try at least two other energize activities suggested along the Journey
- Check out how other people are tackling energy issues

Investigate Award

- Learn about energy use in their buildings
- Work with their families to make an energy improvement at home

Innovate Award

- Identify an energy issue in the community, research it, create a plan and carry it out, all the while reaching out to others to join in, too
- Share the news, reflect on what they accomplished and celebrate it

Possible Field Trips or Community Partners

- Recycling Center
- Energy Corporation – Westar Energy or KCPL
- An astronomy program
- Explore careers in architecture, engineering or “green” building
- Zoo or animal sanctuary
- Go Camping

Additional Programming Ideas for Troop Meetings

- Make paper
- Try composting
- Set up recycling at school or your meeting space
- Look up online Leave No Trace Bigfoot’s Challenge (see www.lnt.org)
- “Trash to Treasure” art projects
- Take a bike ride, walk or hike around your neighborhood or Local Park

It’s Your Planet Get Moving Journey Awards

- Energize
- Investigate
- Innovate

**It’s Your Planet Get Moving Journey Skill Badge Set**
(available separately – 5 sets of instructions for $4.00 in the GSME shops)
- Jeweler
- Gardener
- Detective
- Camper
- Independence

**Junior Girls Guide to Girl Scouting Portfolio Badges**
- Drawing
- Practice with Purpose
- Simple Meals
- Junior First Aid
- Junior Girl Scout Way
- Flowers

**Cookie Business Badges**
- Business Owner
- Savvy Shopper
- Cookie CEO
- Customer Insights

**Additional Awards**
- Safety
- My Promise-My Faith
- Bronze Award
- Global Action

**Girl Scouts of Maine Council Shops:**

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