Basic Description

- Focuses on relationships/friendships with the people around you
- Girls complete activities related to:
  - First Impressions and Stereotypes
  - Navigating Friendships
  - Qualities of a Friend
  - Trust
  - Friendship Obstacles & Peer Pressure
  - Balancing Your Time
  - Jealousy
  - Cliques and Conflicts
  - Bullying
  - Cyber-Relationships
- Career section – girls can see a list of jobs that involve good interpersonal skills
- Basic steps of event planning for Take Action Project

What do they earn and how do they earn them?

**Interact Award: Reach Out a Little**

- Small actions that can be completed in your daily life to improve relationships
- 9 challenges to interact – girls must complete 3 of them
- Challenges listed on page 12 of the girl book

**Diplomat Award: Use Your Relationship Savvy to Improve Your World**

- Create and carry out a Take Action project aimed at building more positive and peaceful relationships in the world around you
- Tools and Tips on pages 115-130 of the girl book

**Peacemaker Award: Commit to Keep it Going**

- Create a “Peacemaker Kit” and then commit to use your kit of skills to create peace in the world

Possible Field Trips and Community Partners

- Yoga studio
- Places where girls can do their Take Action project
- Invite a professional to talk with the girls about dating violence
- Visit a local domestic violence shelter to work and play with the children there.

Additional Programming Ideas for Troop Meetings

- Visit a maze (corn, labyrinth, or other)
- Movie nights – watch movies about friendship, cliques, many mentioned in girls’ books
- Do some of the activities at camp or a retreat instead of troop meetings
- Have the girls interact with older girls who can provide a new perspective
- Physically make a box/kit of skills they learned: let girls decorate, write skills or examples on postcards
- Stereotype “activity” – post pictures of leader’s friends and families – have girls stereotype them and then tell them about the real person
Other Thoughts or Helpful Hints
- It is recommended that each girl have her own copy of the Journey book and Girl Guide to Girl Scouting for a keepsake and to use when she chooses to apply for a summer job.
- Girls this age are avid users of computers and the internet – page 110 is an internet safety pledge. It would be a good idea to review this when working on the Journey.
- This is a more personal discussion than some of the other journeys – therefore it should be emphasized that this is a supportive environment while working on the Journey.

Badge Skill Set for Amaze Journey
(available separately – 5 sets of instructions for $4.00 in the GSME shops)
- Digital Movie Maker
- Public Speaker
- Science of Happiness
- Eating for Beauty
- Screenwriter

Girl’s Guide to Girl Scouting Portfolio
- Comic Artist
- Good Sportsmanship
- Finding Common Ground
- New Cuisines
- Cadette First Aid
- Cadette Girl Scout Way
- Trees

Cookie and Financial Literacy Badges
- Business Plan
- Marketing
- Think Big
- Comparison Shopping
- Financing My Dreams

Leader in Action Award
The Leader in Action (LiA) Award is an official award for Cadettes who mentor Brownies through one of the three Journeys. There is a LIA award for each Brownie Journey.

Cadette Program Aide Award (see Cadette Girl’s Guide to Girl Scouting)
1. Earn one LIA Award
2. Complete a council designed program.
3. Work directly with younger girls at 6 meetings or camp or an event

Girl Scouts of Maine Council Shops:

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(207) 772-1177
1-800-260-2648
shopsp@gsmaine.org

Bangor
(207) 989-1774
1-800-464-3858
shopbr@gsmaine.org

Shop online at www.girlscoutshopmaine.org or order by phone.