

# Compass

Your guide to Girl Scout adventures | Sister to Sister Edition 2023





# Your Year of

# Friendship

- ✓ Uncover a new hiking spot.
- ✓ Bond during a troop sleepover.
- ✓ Find new ways to spread joy.



**Renew Today**

Celebrate the big moments and look ahead to even more extraordinary ones with your crew. Join us for another exciting year in Girl Scouts!  
Early Renewal opens April 12 and ends June 14.

**Renew by:**

**Your girl will get:**

5/17	6/14	
✓	✓	Eligibility to register for Celebrate Camp events*
✓	✓	Free GSME Early Renewal Patch for girls
✓		Free Your Year of Fun Patch for girls
✓	✓	\$5 bonus for troop per girl renewed online**



\*Space is limited for Celebrate Camp events. Registration for early renewed members only runs April 12-June 14, closing when full. Cost is \$18/girl and \$13/adult.

\*\*Must be PAID renewals. Not applicable if paper forms are used or membership assistance is provided.

Need help? Contact our Customer Care team at 888-922-4763 or [customercare@gsmaine.org](mailto:customercare@gsmaine.org).





# Compass

Sister to Sister Edition 2023

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## *Happy spring!*

For many people, this time of year is about sunshine, fresh starts, flowers, and hope. The days are getting longer, school is coming to an end, and camp is just around the corner. The truth is, for many people in our community, especially our youth, the season does not bring relief from the continuous feelings of sadness, depression, and anxiety. May is Mental Health Awareness month and at GSME, we are seeing the youth mental health crisis daily. The impact on our girls is startling.

With over 5000 girl members and thousands of volunteers, we are in a strong position to truly impact change and support our girls and communities in ways other organizations can't.

This year, GSME is making a commitment to you all to focus resources on expanding our efforts and offerings around youth mental wellbeing. In 2023 so far, we have trained 30 staff and volunteers in Youth Mental Health First Aid, with a goal of training 100 more by year end. We have also developed toolkits and offered workshops focused on mental wellbeing—for girls and adults—with plans for more.

Girl Scouts of Maine gives girls the confidence to be themselves, unapologetically. It is what makes them feel safe enough to try new things and cheer each other on in tough times. This support and sisterhood can help get them up on tough mornings, help them raise their hand in class, and even climb to the top of a mountain.

Our girls deserve the promise of brighter days and together we can create a better world for all of us.

With gratitude,



# Girl Stories



## Arnold Trail Troops Baked 203 Pies!

Several troops from Arnold Trail Service Unit put their baking skills to good use as they gathered to assemble and donate 203 pies for the Messalonskee High School Family Thanksgiving Dinner. The community service experience allowed the girls to improve their cooking skills, practice fellowship, and of course—foster generosity!



## Troop 1407 Lent a Hand to Their Furry Friends

It isn't just Girl Scouts that enjoy a good cookie every now and again—our furry friends love them just the same! Daisy Troop 1407 paid a visit to Rescue Charlie's Friends animal shelter in Woolwich to learn about pet needs, the rescue system, and how to repurpose materials to make recycled dog toys!





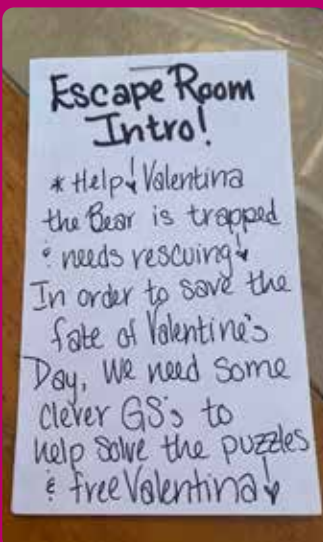
## Girl Scouts Try Their Hand at Making Jewelry

Five Girl Scouts from A Place for Girls Troops 4055 and 4127 attended a jewelry training program at Day's Jewelers in Auburn. The girls spent the exciting afternoon touring the sales floor, learning how to clean jewelry, participating in a scavenger hunt, and even got to use real tools to make their very own necklaces!



## Girl Scout Boost Bags for Children in Need

After learning more about children around the state in need of everyday items, Cadette Troop 74 felt compelled to make a difference. With insight from the Department of Children and Family Services, they came up with the idea to purchase and fill 50 duffel bags with items like toothbrushes, combs, toothpaste, games, flashlights, books, and more. Donations were collected from community members through March and the filled bags were delivered to the State of Maine Department of Health and Human Services.



## Homemade Escape Room with Troop 454

When Multi-level Troop 454 expressed interest in visiting an escape room to work towards completing a Social Butterfly badge task, Troop Leader Mandy Clary decided to make her own! Throughout the fun activity, the girls answered questions, solved riddles, unscrambled words, entered codes, and most importantly had a blast.



# Girl Stories



## Girls on the Go Explored the Galapagos Islands

Seven Senior and Ambassador Girl Scouts from around the state visited Ecuador and the Galapagos Islands for a trip of a lifetime! The girls spent the nine-day trip learning about conservation efforts and indigenous communities within the islands. Snorkeling, hiking, swimming, and tasting all the local cuisine were just a few of many highlighted moments on the trip.



## Painting with Senior Residents

Residents at Redington Memorial Home were overjoyed to receive a visit from Troop 1375. Three girls from the troop spent quality time crafting hand painted flowers and sharing stories with the residents, some of whom had tales to share from their own days as Girl Scouts!



## Small Troops Can Accomplish Big Things

When Multi-level Troop 1436 heard a plea for help from the Bath Area Food Bank, they answered with action. The girls immediately called upon their community to come together for one cause. They asked friends, families, and anyone willing to donate food to consider lending a can.







## Girl Scout Sunday

Girl Scout Sunday is celebrated during Girl Scout Week every March. On this special day, girls are encouraged to find connections between their faith and the Girl Scout Law. This year, Troop 1585 Girl Scouts, Viviana and Elizabeth, visited Mars Hill Methodist Church to spend some time with their pastors doing just that!

## Troops Make Valentine's Day Cards for Hospice Patients

Girl Scout troops from all over Maine put their artistic talents to good use this Valentine's Day season, bringing smiles and laughter to thousands of hospice patients with their handmade cards.



## Junior Crane Design Challenge

Troop 1051 explored the world of mechanical engineering through working with ordinary recycled objects. Using materials that can be found around the house: cardboard, pencils, paper cups, string, etc., the girls earned their badges by designing their very own cranes, testing them with weights, analyzing results, and brainstorming ways to improve their creations.



# Girl Stories

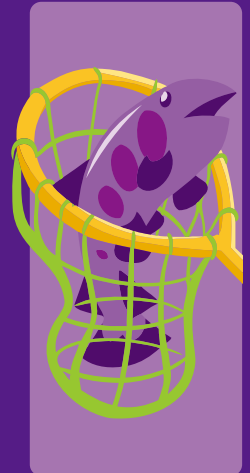


## Girl Scouts Bust a Move at the Maine Celtics

Several Girl Scout troops took to the basketball court to perform a high energy halftime show at a sold-out Maine Celtics game! The performance was part of a dance clinic program held at the Portland Expo where girls got to learn some moves from real Maine Celtics cheerleaders before putting on a full show during a game.

## Go Fish!

Girl Scouts from Troop 2096 caught a pickerel, a large mouth bass, (and a good time too!) during their ice fishing adventure at Moose Pond in Mount Vernon. Nine girls layered up and ventured out on the ice to check six items off their Great Outdoor Winter Challenge.







## Take Apart a Toaster with Troop 507

Troop 507 worked from the inside out, taking apart hairdryers, keyboards, printers, and more to explore the inner workings of everyday items whilst gaining hands-on engineering experience. The workshop was led by four incredible instructors from the Society of Women Engineers (SWE), the world's largest advocate for women in engineering and technology.

## Troop 390 Volunteers at Non-Profit Resort for Ill Children in Florida

After five long years of planning, dreaming, and saving up the necessary funds, Multi-level Girl Scout Troop 390 finally got the chance to embark on their dream trip to Florida. The four Girl Scouts who attended the eight-day trip volunteered with Give Kids The World Village (GKTW), a non-profit resort in Kissimmee, Florida. They washed dishes, carried trays, served dinner, and made sure all children and families at the resort had a memorable visit!





# Girl Stories



## Troop 612 Found Their Inner Zen

Girls from Troop 612 put their minds and bodies to the test at the GSME “Namaste-Sleep-a-way” overnight program in Augusta. The girls participated in activities aimed at building confidence, strength, and mindfulness. Beginning with a two-hour aerial class, the girls took their energy to the yoga mats for mindful breathing exercises before settling down for a relaxing sleepover by the fire.



## Girl Scouts Learned the Art of Sewing

Troop 1116 collaborated with Little Threads Sewing Studio in Alfred to learn how to sew pieces of their own from beginning to end. Led by Little Threads founder and owner, Melanie Frechette, seven girls from the troop created matching fleece hats and messenger bags throughout the two-hour program.



## Troop 1051 Completes the Paddle Boat Challenge

After completing the Junior Crane Design Challenge, Troop 1051 took their engineering knowledge to the water as they took part in the Paddle Boat Challenge. The girls made their own paddle boats and learned everything about boat operation from buoyancy, to potential energy, to kinetic energy, and more!



## Ready. Set. Rally!

More than 15 troops from the Saco Bay Service Unit banded together at the Biddeford Rec Center to kick off the Girl Scout Cookie season with a high-energy cookie rally.

## Troop 227 Took on the Camden Snowbowl

Girl Scouts from Junior Troop 227 bundled up and took to the slopes to ski at the Camden Snow Bowl! The girls got to enjoy a stunning view of the Atlantic Ocean at night from the double and triple chairlifts at the only ski area on the East Coast with coastal views.



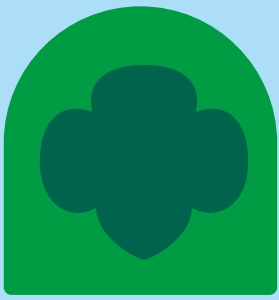
## Do you have a story to share?

Whether you participated in a cool STEM program, an exciting outdoor activity, or had a meaningful volunteer experience, submit your story to be featured in the next Compass, or on our website and social media!



Scan this code to submit or visit:  
<https://bit.ly/GSMEGirlStories>





# Girl Scouts of Maine 2023 Annual Celebration

Dream.

Achieve.

Inspire.

May 13, 2023

Messalonskee Performing Arts Center  
Oakland, Maine

Girl Scouts shine brightest when they're making the world a better place. At our Annual Celebration we honor Girl Scouts across Maine who **Dream** of a better tomorrow, take action to **Achieve** big things, and along the way **Inspire** those around them.

Join us as we continue to celebrate these outstanding Girl Scouts on our YouTube channel, website, and Facebook page. Learn more at [www.girlscoutsofmaine.org/annualcelebration](http://www.girlscoutsofmaine.org/annualcelebration).







This year \$19,000 in scholarships are awarded to 12 graduating Girl Scout Ambassadors about to embark on their next journey.

Girl Scouts of Maine is very proud to present our 2023 Joanne Crepeau Future Leaders Scholarships to Girl Scouts who exemplify our goal of leadership development. Congratulations, Girl Scouts, and thank you to all of the exceptional applicants.

## Gold Level



Charlena LaVallee



Winter Adams



Maya Judice

## Silver Level



Alyssa Ardry



Rachel Mullis



Olivia "Liv" Smith

## Bronze Level



Madison Boucher



Molly Graham



Olivia Neely



Leah Cromarty



Emma Moreau



Elaina Thomas

## The Pinnacle Award



The Pinnacle Award honors Girl Scouts in Maine who have earned all three highest awards—the Bronze Award, Silver Award, and Gold Award. Your hard work and determination has proven you've got what it takes to build a better today and tomorrow. Congratulations, Girl Scouts!

Kasey Jordan

Charlena LaVallee

Mikaela Spooner

Nora Spratt



Seniors and Ambassadors earn the Gold Award—the highest award in Girl Scouting—by developing and carrying out lasting solutions to issues in their neighborhoods and beyond.

Gold Award Girl Scouts are rock stars, role models, and real-life heroes. Congratulations to these outstanding young women who have used everything they’ve learned as Girl Scouts to help fix a problem in their community and make a lasting change in their world.

Did you know having the Girl Scout Gold Award on your high school transcript or resume can make you stand out when it comes to college admissions, scholarship applications, internships, and job interviews?

To learn more about how to earn the Gold Award, visit [www.girlscoutsofmaine.org/goldaward](http://www.girlscoutsofmaine.org/goldaward).

# Mackinna Campbell

Engaging the Next Generation of Voters

*Nonesuch Service Unit*



Mackinna’s Gold Award project focused on engaging high schoolers to get more involved in elections and the elections process, addressing the issue of not having enough poll workers for elections. Through research, Mackinna discovered a solution that could take aim at both issues with one solution.

Mackinna learned when young people are involved in the election process as poll workers, they are more likely to vote in future elections and in Maine, a 16 year old can become a poll worker. With that knowledge, she took action fostering a relationship between the Westbrook

City Clerk and high school administration to start a civic learning lecture series, helped with a voter registration drive, and promoted youth civic engagement by enlisting high school juniors and seniors to work the polls.

Mackinna’s innovative approach was shared with Secretary of State Shenna Bellows for future program rollouts in other Maine municipalities to engage the next generation of youth voters. Through her experience, Mackinna developed her leadership skills and “learned I could feel a sense of pride in my involvement in something.”





# Ayla Clark

Love Your Attire (LYA)  
*Saco Bay Service Unit*



Ayla's Gold Award project aimed to address the lack of access to clothing for youth in Biddeford schools due to poverty and other limiting circumstances, which ends up impacting their education and self-confidence. Ayla created a boutique in Biddeford Middle School that is stocked with various types of clothing and shoes, all of which were donations or items that were purchased by request.

“The importance of having the boutique means that students would be able to get clothing when they need it,”

said Ayla, “And having a variety of options will help the students be more comfortable.” The goal of her project was to distribute 50 items from the boutique, and by the end, over 150 items of clothing were distributed.

Ayla said that she, “Learned that by doing good for the school made me feel good as well. I learned that I could improve my leadership skills by putting them to use and that leaders do not just give orders, but rather are involved in the work and can lead by doing.”

# Kasey Jordan

Tiny Steps Building New Lives  
*Frenchman's Bay Service Unit*



Kasey's passion for supporting veterans inspired her Gold Award project aimed at addressing homelessness among female veterans. Through her research, Kasey discovered that in 2016 to 2017 the number of homeless female veterans increased by 7% compared with 1% of their male counterparts—and she took action to do what she could to change that.

Her project centered around building small homes to serve as temporary housing so female veterans can receive the help they need to get back on their feet. Through years of planning, hard work, collaboration with community

partners, and overcoming obstacles, Kasey gathered the resources—land, permits, and building supplies to construct a 24 x 24 tiny home.

The non-profit, Downeast Community Partners, will sustain the project and aims to make more houses using the same blueprint and adapt it to the veterans' needs over time. Kasey had high expectations for herself for this ambitious project and learned “it is important to keep an open mind and not to give up when things get hard.”



# Charlena Lavalley

Come Play N' Learn

*Nidoba Service Unit*



Charlena's Gold Award project was inspired by her experience volunteering at the Fiddlehead School. She observed that the school values both being outside and learning through play, but lacked sufficient outdoor space to support that type of learning so she created a playground and outdoor educational spaces for the school.

Charlena developed strong communication, project management, collaboration, and leadership skills as she created an extended outdoor space that is attractive and

entertaining for students to play during recess. Working with the first-grade class, an outdoor obstacle course was created. Charlena also created three outdoor classroom areas for daily use. Through her project, Charlena "learned that with a little help and guidance that I can do anything."

The Fiddlehead School will continue to sustain Charlena's project and the newly created spaces through ongoing maintenance and continued encouragement of students and teachers to use the spaces daily.

# Olivia Marion

Sticks Down

*Apple Mountain Service Unit*



Olivia was inspired to create a field hockey program for disadvantaged youth for her Gold Award project. She had observed a lack of accessible sporting programs for youth in her community and knew through her research how beneficial participating in sports can be to overall health and wellbeing.

Olivia collaborated with her local recreation department and developed a comprehensive program with coaching guides, donated equipment loan program, and staffing—coordinating a volunteer hours exchange with the high

school field hockey team to assist in coaching. Olivia's program resulted with enough youth enrolled to form two teams (K-5 team & 6-8 team) that could compete against other area teams.

Through her project, Olivia learned essential leadership skills like communication, patience, trust, time management, problem solving, and how to delegate. Olivia learned a lot, and in reflection said, "I like the feeling of accomplishing something for others. It is very rewarding."





# Kimberley Spears

Teen Distracted Driving Awareness  
*Arnold Trail Service Unit*



Kimberley’s Gold Award project focused on the epidemic of distracted driving and how prevalent it is with teens and young adults who recently acquired licenses. Kimberley noticed an increase in distracted driving accidents in her area, especially around the school block, so she took action.

Her favorite part of the project was creating an informational video from interviews with area drivers who had experienced distracted driving, and how they were able to manage their distractions. She also developed a website, brochures, and

safe driving pledge cards, which she distributed widely in her community. Kimberley’s project had an immediate impact. In reviewing DOT statistics the number of distracted driving incidents decreased from the same period the year prior.

Kimberley grew her communication skills and “learned that I am more persistent than I had believed.” The number of people she reached through her project went beyond her expectations and will continue to grow through the sustainable resources she created.

# Mikaela Spooner

Bringing a Historical Museum  
into the 21<sup>st</sup> Century  
*Diamond Service Unit*



Mikaela created her Gold Award project to help preserve the history of the Swedish Colony. She created an accessible audio tour of the Lindsten Stuga, that can be shared with other historical societies and the Maine State Library.

The idea for Mikaela’s project came from visits to big museums with audio tours. Volunteering with her grandparents at their museum, she realized history was being lost and thought creating an audio tour would be a

great way to preserve and share that history. Due to her own struggles with reading, it was important that the history would be available in formats for everyone.

Mikaela learned “that I can do anything that I set my mind to with the right help no matter what challenges I may face.” The New Sweden Historical Society will continue to sustain Mikaela’s project by keeping the audio tour available and sharing it with other museums across the state.



When Girl Scout Cadettes focus on an issue they care about, learn the facts, and take action to make a difference, they gain the confidence and skills that will catapult them to lifelong success. It all adds up to the Girl Scout Silver Award—the highest honor a Cadette can achieve.

***Congratulations to this year's Silver Award Girl Scouts!***

Do you have what it takes to earn the Silver Award? Find out at [www.girlscoutsofmaine.org/highestawards](http://www.girlscoutsofmaine.org/highestawards)

You can also read about each Silver Award project listed here.



## Comfort Keychains

Erin Morrison, Lily Downing, Libby Towne (*Troop 2192*)





# Plant Native Patch Program

Molly Gerding (*Troop 2331*)



# Little Free Pet Supply Box

Katie Griffin (*Troop 2259*)







# Read More Save More

Meghan Case (Troop 587)



# Sleep Well Little One

Rebecca Horton & Allison Horton (Troop 2085)







# Stars Dance Camp

Winter Williams (*Troop 2196*)



# Veterans Buried in Owl's Head

Harmony Withee, Lorelei Young and Morgan Erickson (*Troop 191*)



# ◆ Volunteer Awards

Thank you to all of our volunteers!

The recipients of our official Girl Scout awards recognized in this issue have gone above and beyond, providing excellence in this big sisterhood of Girl Scouts.

To learn more about each award, as well as how to help build a culture of appreciation, visit [www.girlscoutsofmaine.org/adultrecognitions](http://www.girlscoutsofmaine.org/adultrecognitions).



## Appreciation Pin

### **Angela Porter**

*Winding Rivers Service Unit*

Angela stepped up from a troop leader to an event co-chair. As part of the event committee for nearly 10 years and as product manager through Covid, Angela helped troops have a good experience in our service unit and supported the program with product delivery. She's been a friend and a helpful hand, whenever able and in whatever capacity is needed. Her support is invaluable.

### **Bernice Wellington**

*Nonesuch Service Unit*

You won't find a more dedicated volunteer than Bernice, with her commitment to helping connect her community through Girl Scouting. Her ability to identify key opportunities where Girl Scouts can participate and increase the Girl Scout presence, locally benefited the Nonesuch Service Unit tremendously. Through personal challenges, as a true Girl Scout, she first fulfilled all her commitments. She is one of the most reliable volunteers; she will smile and deliver, every single time!

### **Bettina Grange**

*Emerald Service Unit*

Bettina's work with her troop and service unit has been amazing, she is always willing to help and step up to new challenges. She is an advocate for girls planning events, and she guided her troop as they took on and planned their service unit's entire Cookie Rally. Bettina never hesitates to have her girls do event planning, ensuring girls are at the center and programming is girl-led.

### **Cheryl Denis**

*Machigonne Service Unit*

After 14 years, Cheryl is as dedicated and committed to Girl Scouts as she was in year one! Her love of Girl Scouting is evident in all she does. Her leader meetings are well thought out, and she ensures that workshops are offered to help broaden local leaders' knowledge. Under Cheryl's leadership the service unit has grown, all leaders feel supported, and retention is strong. When Cheryl commits to a task or project, you can be sure she will deliver above expectations.

### **Coleen Whitehurst-Hatt**

*Saco Bay Service Unit*

We can always count on Coleen for great service unit programming. Coleen is such a great role model for troops in our service unit due to her wealth of Girl Scout knowledge and dedication to traditions. Coleen is trustworthy and always follows through on her commitments. She is the first leader to sign her troop up for events, motivating other troops to do the same. Even when she is busy, she finds time for Girl Scouts which is clearly a passion.

### **Cynthia Eaton**

*Apple Mountain Service Unit*

Cindy's no nonsense attitude, willingness to share knowledge, and dedication in her cookie coordinator role is unmatched. Cindy keeps things organized and is the service unit's biggest cheerleader for selling cookies. As a member of the service unit team, she is always willing to pitch in and help with events, no matter how busy she is. Cindy is also a dedicated troop leader, helping Girl Scouts thrive in our area.

### **Danielle Roberge**

*Saco Bay Service Unit*

As the community engagement coordinator, Danielle stepped up and led at least one recruiting event each month with gusto, helping the Saco Bay Service Unit stay ahead of the pack on recruiting last year. Danielle also serves as the treasurer, joins event planning committees, and is a troop leader. Danielle is always there to lend a helping hand or point you in the right direction. Her support has been above and beyond the past several years through all of her contributions.

### **Jeanne Clark**

*Winding Rivers Service Unit*

Jeanne wants to empower girls, create educational and fun events, and have fun herself while doing it. She thinks of the little things that might be overlooked. From planning camporees, supporting leaders and Juliette parents to making herself available at odd hours for leaders to pick up materials, Jeanne supports all the troops in the Winding Rivers Service Unit. Jeanne has been dedicated to the Girl Scout mission and program right from the start, and her help is invaluable.

### **Jenn Gagne**

*Cobbossee Service Unit*

When the Cobbossee Service Unit found themselves without a service unit manager in 2021, Jenn stepped in to fill the gaps as needed, and finally became the service unit manager in 2022. Jenn's leadership role had a positive effect on every single troop in her service unit. Jenn embodies the Girl Scout Law, is friendly and helpful, and stepping into her new role demonstrates her courageous spirit.





### Jennifer Birt

*Dirigo Service Unit*

Jennifer has really stepped up and out as a leader amongst her fellow service unit leaders. She brings fresh ideas and great energy with her, and her peers look forward to working with her for seasons to come. She is a great role model, and the girls love her and look up to her. She relays her knowledge and energy to the girls and has a great positive attitude that is perfect for planning and delivering events.

### Jessica Hilt

*Knox Service Unit*

During the pandemic, the troop Jessica led disbanded, but she didn't waiver in her dedication to Girl Scouts in the Knox Service Unit. She is constantly joining committees and has been a major player in camporees before and after the height of the pandemic. She is there whenever a girl needs her, is warm, and the girls gravitate towards her. Jessica is a phenomenal member of Knox Service Unit.

### Laura Baldwin

*Apple Mountain Service Unit*

Laura is Apple Mountain Service Unit's cookie coordinator, committed to organizing and running the annual process for the entire service unit, including organizing a satellite cupboard in Brownfield. Her organizational skills, staying up to date with the latest and greatest, and her attention to detail is invaluable. Friendly and helpful, she is a humble person, yet her role is so important to so many.

### Morgan Wilson

*Emerald Service Unit*

Morgan's work with her troop and service unit have been exemplary. She is always willing to step up and plan events as well as keep her own troop extremely active. As our service unit program coordinator, she is always a step ahead. Her compassion, knowledge, and leadership skills fuel her service unit's success. Morgan looks out for all the troops in her service unit, making sure all girls are included in the fun and learning experiences.

### Terri Ashton

*Dirigo Service Unit*

Terri's assistance in the Safety Day Committee is invaluable and her willingness to jump in, and help with committees, events and activities is commendable. She is a wonderful resource to not only the girls, but leaders as well. She is organized, dedicated, and dependable, bringing stability to anything she is involved in. She is kind, levelheaded, gets along with everyone, and her support has helped provide many opportunities for girls.

### Victoria Noyes

*Somerset Service Unit*

Victoria is a vital member of her service unit. She has planned multiple events and mentored a new troop with new leaders. She leads three troops and is a fantastic service unit manager! She influences girls in so many ways, helping to offer great Girl Scout experiences. As a great communicator and resource for leaders, Somerset Service Unit is very lucky to have her.

## Honor Pin

### Ashley Martin

*Saco Bay Service Unit*

Ashley was the service unit program coordinator for many years, and the reason programming continued during the pandemic. She was thoughtful about appropriate levels of programming and pushed for older girls to be part of the planning committees. Saco Bay and Machigonne Service Units both benefited from Ashley's instrumental work planning their combined World Thinking Day event in 2022. The list of events she helped plan is long, and Ashley was exactly what her service unit needed during the pandemic. While many people were burnt out, Ashley bolstered people and got them active and excited about volunteering and providing great content to the service unit, throughout the pandemic and beyond.

### Gail True

*Sandy River Service Unit*

Gail is a team player and always willing to help on several different committees. She values the appreciation of leaders and their efforts to make Girl Scouting important to all and continues to contribute since her daughter graduated high school. Gail organizes the Aquaboggan Scout Day that Girl Scouts participate in, and she has great ideas to offer for cookie rallies and CAARE workshops. Gail has served the role of volunteer recognitions for the past several years and has done a great job at recognizing and showing appreciation for our leaders and graduating seniors.

### Jessica Willey

*Winding Rivers Service Unit*

Jessica is an enthusiastic advocate of Girl Scouts. She has encouraged her girls from Daisies to Ambassadors to branch out in their journey, aim high and mentor others in the Girl Scout program. Jessica is supportive and caring, she has built girls of courage and confidence while gaining it herself. She shares her knowledge and ideas with other troops, like her troop's drive thru cookie booth model when the pandemic hit. At a time of Zoom meetings and worry, Jessica supported her entire service unit. Jessica's impact goes beyond her service unit, as the girls she leads have become leaders themselves at summer camp, Transforming Leadership, and more—Jessica inspires younger girls to continue participating.

### Rebecca

### Estes-Francis

*Winding Rivers Service Unit*

Rebecca started as a parent volunteer, pitching in wherever she saw a need, eventually joining her service unit as a treasurer. She jumped into planning activities and supporting the event chair and manager with her ideas and her helpful hands. When her daughter fell in love with Camp Natarswi, she did too. Rebecca has attended Helpful Hands each spring and clean up each fall for the last few years. She's even taken her vacation to spend time at camp running programs. Winding Rivers Service Unit is grateful for all she has done.

# ◆ Volunteer Awards



## Thanks Badge

### **Courtney Evans**

*Sunberries Service Unit*

In response to the emotional toll the pandemic took on our girls and volunteers, Courtney answered the call for volunteers to help build a resource for troops and service teams to provide support and build resilience. Supported by her Girl Scout and mental health professional backgrounds, she generously offered suggestions, with experience. This resource became GSME Taking Care and Courtney helped to build and deliver workshops for adult volunteers across the state, both virtually and in person at the Transforming Leadership Conference.

Beyond this project, Courtney has been a long-time volunteer with multiple troops and serves on the Sunberries Service Unit Team in multiple roles including as a GSME learning facilitator. Courtney has been on staff for both summer and winter Camp Adventures for Grown-Ups, co-leading the most rigorous tracks at each. She is generous with her time, skills, and knowledge, always with girls and volunteers in focus.

### **Jesse Ellis**

*Knox Service Unit*

Jesse stepped up to help build the GSME Taking Care resource for troops and service teams. Supported by her background both with Girl Scouts and as a mental health professional who specifically worked with youth, she generously offered suggestions, with experience and details on how to use activities and how to create a supportive culture. After the resource was published, Jesse helped to build and deliver workshops for adult volunteers across the state, both virtually and in-person at the Transforming Leadership Conference.

Jesse has been a long-time volunteer with multiple troops, always ready to take in new girls, and serving the

Knox Service Unit in multiple roles including GSME learning facilitator. She keeps the girls at the center of everything she does and is generous with her skills and talents.

### **Jessica Prentiss**

*Arnold Trail Service Unit*

Jess has successfully coordinated the Arnold Trail Service Unit fall product and cookie sales for the last seven years. Her trainings are complete and thorough, and she responds to all questions and concerns. She's a product program expert who has good working relationships and always seeks additional knowledge as needed. Her work beyond her service unit includes participation in GSME Q&A programs for new leaders throughout the state.

Jess initiated and now coordinates a council wide opportunity for service units to offer incentives and rewards during the cookie program. She collaborates with GSME and offers a presentation at the yearly Fall Product Supervisor Training. Her creation and coordination of this opportunity is a perfect example of going above and beyond expectations. Everyone benefits from Jess's passionate work.

### **Julia Munsey**

*Sunberries Service Unit*

As GSME board chair, Julia resurrected and recruited members for an executive committee to oversee the search for a new CEO for GSME. Working closely with staff, members of the committee, and the search firm, she led the multifaceted work and was ultimately hired for the position. There was a gap in leadership during the transition and during that period, Julia was available to the senior team to ensure the staff was supported and informed. She has been a source of information, support, and guidance for the new CEO during her onboarding.

Julia is a champion of Girl Scouts and the mission. She has made countless introductions, opened numerous doors, and has helped share the importance of the work Girl Scouts does. Girl Scouts is honored to have her leadership.

### **Shannon Johnson**

*Winding Rivers Service Unit*

Shannon has taken on multiple positions within her service unit, simultaneously. With no one offering to fill her shoes, she remains in her current position to ensure the stability of the service unit, ensuring girl and adult members have a knowledgeable person to go to. She has gone above and beyond with planning events and sincerely cares about each person within the service unit.

She has worked extensively with older Girl Scouts at the Transforming Leadership Conference, through recruiting older Girl Scouts to become voting members and delegates, and she leads the statewide Girls on the Go program encouraging girls to travel, see different parts of the world, and make new friends from other countries or states.







# President's Award

Dirigo Service Unit

Gundalow Service Unit

Machigonne Service Unit

Saco Bay Service Unit

The GSME Gold Award Committee

The World Thinking Day Committee

2022 Volunteers of the Month

<p><b>January</b> Danielle Roberge <i>Saco Bay</i></p> 	<p><b>February</b> Jen Graham <i>Rising Star</i></p> 	<p><b>March</b> Tiffany Arsenault <i>Arnold Trail</i></p> 	<p><b>April</b> Linda Libby <i>Apple Mountain</i></p> 
<p><b>May</b> Nancy Winslow <i>Sapphire</i></p> 	<p><b>June</b> Paula Renaud <i>Gundalow</i></p> 	<p><b>July</b> Laurie McBurnie <i>Midcoast</i></p> 	<p><b>August</b> Leslie Farrington <i>Borealis</i></p> 
<p><b>September</b> Diana Hamel <i>22 Carat</i></p> 	<p><b>October</b> Tracy Peaslee <i>Dirigo</i></p> 	<p><b>November</b> Stephanie Rochefort <i>Bauneg Beg</i></p> 	<p><b>December</b> Kim Fogg <i>Nidoba</i></p> 

# It's time.

Time for you to have an adventure in the great outdoors.

Join us at beautiful Camp Natarzwi in Baxter State Park to get away and relax or to try something new.



## Camp Adventures for Grown-ups

Connecting. Learning. Playing.

August 13-15, 2023

Camp Natarzwi, Millinocket, ME

### Pick the right track for you:

#### Archery

Take aim and enjoy the power and excitement of this track whether you want to become certified to take others out or you just want to hone your skill. Spend time with bow and arrows, learn how to hit the target, and enjoy! For certification, portions of this course must be completed online prior to arrival at camp. **Certification fee: \$125 Min 4/Max 10**

#### Camp Sampler

Enjoy all that Camp Natarzwi has to offer in a group camp setting, as if you were back at summer camp! No prior camp training required. **Min 4**

#### Fly Fishing Adventure

In this introduction to fly fishing, participants will learn the history, techniques, and basics of fly fishing. Rods, reels, and flies will be provided. Participants will need to get a fishing license prior to arriving at camp. **Min 4/Max 10**

#### Hike Mt. Katahdin

Are you a serious hiker or do you want to become one by this summer? Mt. Katahdin is a great peak to add to your summit list, but it is no walk in the park. This hike involves climbing and is tough. Participants must prepare themselves for a physically challenging adventure. You are required to demonstrate preparation and be in contact with hike leaders prior to the event to ensure that you and your fellow hikers have a successful experience. **Min 4/Max 10**

#### Intro to Backpacking

Pack up your gear and hit the trails! Take a moderate hike in Baxter State Park, followed by an overnight at a remote campsite at Camp Natarzwi. During this overnight trip we'll explain how to choose and use equipment (including how to load and carry your backpack) to maximize your comfort and fun. You'll also learn about campsite selection, navigation/route finding, camp cooking, water treatment, wildlife precautions and Leave No Trace etiquette. This adventure is a great opportunity to learn more and experience backpacking in a safe environment. Participants must be able to hike and carry their own gear on this trip. Limited equipment is available upon request. Recommended gear list will be sent upon registration. **Min 4/Max 8**

#### Just Kick Back

As the name implies, this track leaves you to relax at camp on your own. You can hang out with others in the track or take advantage of some alone time, joining the larger group for meals in the dining hall. Start building that summer reading list!

#### Kayak Adventure

Join this track to play in kayaks for an adult adventure. We will do some basic instruction and then explore upper and lower Togue Ponds. Be prepared to get wet and to paddle in the rain, but not thunder and lightning. While camp has equipment, if you have your own please bring

it (kayak, paddle, spray skirt, and PFD). This will ensure a better fit. **Max 8**

#### Mosaic, Macrame, and Medicine

Join us for a relaxing day of handcrafts and an easy nature walk to identify the different plants beautiful Baxter State Park has to offer. Please be prepared to be outside and feel free to bring your own art supplies, as there will be free time to work on your own or simply relax with the stunning view of Mt. Katahdin.

**Materials fee \$15 Min 4/Max 10**

#### Stroll & Rejuvenate

Looking to get some exercise and rejuvenate? This track is for you. It will include a 1-to-3-mile hike and fun-filled relaxing activities such as foot soaks, facials, and many more surprises. **Materials fee: \$15 Min 4/Max 10**

### Early Registration:

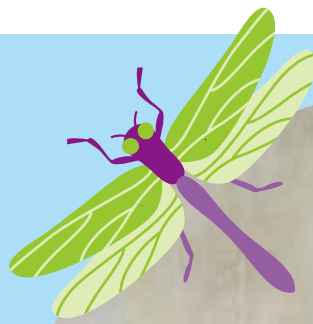
Girl Scout Members: \$50

After May 31<sup>st</sup>:

Girl Scout Members: \$75

Register for this awesome experience today! You can find it on the Events & Programs Calendar on the GSME website. **Questions? Email [customer care@gsmaine.org](mailto:customer care@gsmaine.org).**





# Celebrate Camp

Join us for a full day of fun only to be found at camp! Enjoy archery, games, and badge activities. Plus, get a free t-shirt!

**Saturday, September 16, 2023**  
10:00 a.m.-4:00 p.m.  
Camp Natarawi, Millinocket

**Saturday, September 16, 2023**  
10:00 a.m.-4:00 p.m.  
Camp Pondicherry, Bridgton

**Here's how...by June 14:**

- 1 Renew your membership for next year
- 2 Register for Celebrate Camp

**Fee:** \$18/girl, \$13/adult  
**Girls in grades:** K-12  
**Register by:** June 14, 2023

**Want to start your adventure at Camp Natarawi early?**  
Friday night only, share a camp site with sister Girl Scouts and make new friends! \$6 per person. (Please note: Food is NOT included in the overnight fee.)

**Renew and register at [www.girlscoutsofmaine.org/renew](http://www.girlscoutsofmaine.org/renew)**



For more information, contact:  
Customer Care | 888-922-4763 | [customercare@gsmaine.org](mailto:customercare@gsmaine.org)

# Ready. Set. Register.

Interested in going to new places, trying new things, and exploring the outdoors? Check out new program offerings here: [www.girlscoutsofmaine.org/en/events/event-list.html](http://www.girlscoutsofmaine.org/en/events/event-list.html).



## High Flying Adventure

**Date:** June 3, 2023  
**Levels:** J/C/S/A  
**Location:** Wiscasset  
**Register by:** May 24, 2024  
**Cost:** \$20

Challenge yourself and support your team as you conquer the elements. This high ropes course has levels for all abilities and difficulties, with more than 30 obstacles, 5 zip lines, and a giant swing.



## Ice Cold Fun Almost Sleepover

**Date:** June 16, 2023  
**Levels:** D/B/J  
**Location:** Bangor  
**Register by:** May 31, 2023  
**Cost:** \$28 girls

Get ready for summer with some bubbly, melty science fun and then play and discover at the other exhibits at the Maine Discovery Museum. Almost sleepovers are a great way to prepare for your first (or second, or third) troop overnight adventure.



## Family Field Day

**Date:** June 3, 2023  
**Levels:** D/B/J troops and families  
**Location:** Camp Pondicherry, Bridgton  
**Register by:** May 10, 2023  
**Cost:** \$14 girls and \$6 adults

Bring your troop or family to Camp Pondicherry for fun, active games, challenges, s'mores, and more.



## Harbor to Harbor Kayaking

**Date:** June 17, 2023  
**Levels:** C/S/A  
**Location:** Rockport  
**Register by:** May 31, 2023  
**Cost:** \$63

A phenomenal half day paddle, this trip will follow the rocky coastline of West Penobscot Bay as you travel between two of Maine's classic harbors-Camden and Rockport.

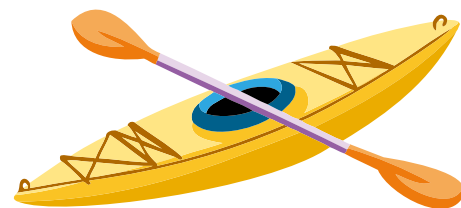
*Stay tuned for more kayaking, paddleboarding, and outdoor adventures this summer!*



## Honeybee FauxVerNight

**Date:** June 10, 2023  
**Levels:** D/B/J  
**Location:** Portland  
**Register by:** May 24, 2023  
**Cost:** \$33 girl, \$13 adult

Discover the world of pollinators as you explore a live honeybee hive and three floors of exhibits. End the night in your PJs at this almost overnight-a perfect precursor for an overnight adventure.





# Looking ahead Travel in 2024



## GSME Goes to D.C.

**Date:** June 2024

**Levels:** C/S/A

**Cost:** \$625

**Registration opens:** October 1, 2023

**Registration deadline:** December 1, 2023

Head to our nation's capital with your sister Girl Scouts! Choose your own adventure to see all the sites Washington D.C. has to offer.



## GSME Goes to Boston

**Date #1:** April 2024 Juniors

**Date #2:** June 2024 Cadettes

**Cost:** \$150

**Registration opens:** October 1, 2023

**Registration deadline:** December 1, 2023

Travel with Girl Scouts from Maine on the train to Boston where you will stay overnight and visit the New England Aquarium.



## Amazing Race: Portland

**Date:** June 25, 2023

**Levels:** B/J

**Register by:** June 7, 2023

**Cost:** \$14

Navigate Portland in the ultimate walking adventure through the city. Start your journey by learning how to use public transportation and then solve clues, visit the sites, and complete challenges-all while you learn important troop travel skills.



## Amazing Race: Boston

**Date:** August 10, 2023

**Levels:** C/S/A

**Register by:** July 5, 2023

**Cost:** \$54

Alongside your team, explore Boston in the ultimate travel-based scavenger hunt through the city. Solve clues, visit the sites, and complete challenges, all while learning important travel skills.



## Transportation Expo

**Date:** October 14, 2023

**Time:** 10:00 a.m.-2:00 p.m.

**Level:** All & the whole family

**Location:** Bangor

**Fee:** Free

Come participate in hands-on activities with the varied aspects of the transportation industry past, present, and future. From cars to trains and planes and more, explore transportation and work on your Automotive Design badges at this FREE event. Learn about the past and the present so you can design the future!

# Upcoming Programs



## Girl Scouts Love State Parks

**Date:** September 9 & 10, 2023

**Fee:** FREE

Maine State Parks welcome Girl Scouts of Maine on this special weekend of nationwide celebration because: Girl Scouts Love State Parks! Girls Scouts, and their family members that accompany them in their car, will receive FREE day entry in exchange for sharing their park experience. Please be sure to wear your Girl Scout vest or sash or bring your membership card so that you will be recognized as a Girl Scout during your visit. See our Facebook event for more details.



## Transforming Leadership

**Date:** November 4, 2023

**Levels:** C/S/A and Adults

**Location:** Orono

Don't miss this amazing day building your leadership skills, learning new things, and connecting with girls and volunteers from across the state.



## Program and Training Cancellation Policy

Please visit our website at <https://www.girlscoutsofmaine.org/en/discover/activities/events.html> for answers to your program, registration and cancellation questions.



## Discover your inner Paper Scientist with Sappi!



Thanks to the generosity of our long-time supporter and Program Partner, Sappi North America, Girl Scouts in Maine have the exclusive opportunity to work hands-on with engineers and paper scientists! Girls can complete the Sappi Paper Scientist patch while working in a lab, making paper, and conducting tests on products.

# sappi

A leading global provider of sustainable wood fiber products and solutions.

Sappi.com

## Stop by our council shop to see the new "Charm It!" collection!



## Bridging kits are here!



**The service center shop in South Portland is open! For up-to-date shop hours, visit the GSME website shop page.**

You can also submit an order for scheduled pick-up or shipping:  
<https://form.jotform.com/GirlScoutsofMaine/OrderForm>.



For further information, call the service center shop or email [customercare@gsmaine.org](mailto:customercare@gsmaine.org).

Shop 24/7 at  
[www.girlscoutshop.com/](http://www.girlscoutshop.com/)  
**MAINE-COUNCIL**



Girl Scouts of Maine  
359 Perry Road Ste B, Bangor, ME 04401-6723  
138 Gannett Drive, South Portland, ME 04106

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South Portland, ME 04106

888-922-4763  
customer@gsmaine.org  
www.girlscoutsofmaine.org



# We want to hear from you!



We are evaluating our Girl Scouts of Maine Council communications to better serve you. We want to understand the content and information you'd like to see more of and how you want to receive it.

We value your time and opinion. For your participation, you will be entered for a chance to win one of six (6) GSME retail store gift cards!

Please submit your survey by May 20, 2023.

*Thank you!*



Scan the QR code or visit [www.bit.ly/gsmeCommunicationsSurvey](http://www.bit.ly/gsmeCommunicationsSurvey) to take the survey now.

